

To do list...

Notes:

Success in Year 11



**How to support students in
Year 11.**

If you require any support or advice please contact us::

RST@uptonhigh.co.uk



Parents

How do I support revision?

- Ask other household members to avoid disruption whilst revision is taking place.



- Make sure students have a break from revision - try to arrange activities to reward their hard work.
- Insist that they leave their mobile phones in another room whilst they are revising.
- Use the Parent SIMS App to monitor their homework.

Revision – Techniques

- Help them to mark past papers using the official mark schemes
- Revise with them! - Get them to teach you about a topic!
- Questions and Answers - Test them using the revision resources
- Use **QUIZLET** with them. Challenge them to get so many correct!
- Encourage the use of SAM Learning



Exam Preparation

- Try not to treat the exam as anything other than a normal school day, apart from the fact that they are doing an exam. Stay calm. (Even if you feel nervous for them!)



- If possible prepare them a nice breakfast
- Make sure they have **black** pens/pencils, rubber, ruler and calculator etc. in a clear pencil case

Parents

Regular attendance throughout the year will help to ensure that students keep up with coursework, classwork and homework. If they do fall behind, through illness perhaps, do speak to the school about any support which can help them catch up.

Preparing for assessments and exams is often something that some children only begin to think about in the last few weeks before. Encourage your child to start revision in good time to avoid cramming & panic.



- Help your child to follow and stick to their revision schedule.
- Talk to your child and help them decide on a **working area** at home where they can study with the least distractions.
- Speak to the rest of the family, particularly younger members, about **respecting** this study area.
- Check the dates of each exam and keep a record of them somewhere you can see them easily. We will give your child an **exam timetable**.



- Encourage your child to get plenty of **sleep**, especially the night before an exam; at least 8 hours.
- Encourage your child to **eat well**. On the morning of an exam encourage them to have a breakfast, or lunch if the exam is in the afternoon.