



Learning to shape the future

Headteacher: Mr L Cummins B.Ed (Hons), M.Ed, NPQH

1 April 2021

Dear Parents and Carers

It has been a wonderful end to the spring term being able to welcome all our learners back into school and we look forward to seeing them all in the summer term. If there are any changes or announcements over the break I will update you.

On a positive note, we are hoping to restart some of our extra-curricular PE clubs after the Spring break and will provide more details in due course.

Finally, I would like to wish you all a happy and restful Easter break.

L Cummins
Headteacher

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1 Easter Testing Arrangements

Secondary age learners without symptoms should continue to test themselves twice a week at home during the Easter holidays using the Lateral Flow Device (LFD) home testing kits. Ideally this should be done every Monday and Thursday.

When you have completed the test, the results (positive, negative or void) should be reported to the NHS and to school via the links below.

- [NHS Test & Trace](#)
- [School](#)

Anyone living in a household with someone who attends or works in a school and does not have symptoms can also access LFD home testing kits. These testing kits are available from community collection points listed in the following link: <https://find-covid-19-rapid-test-sites.maps.test-and-trace.nhs.uk/> or by ordering for home delivery via <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>. We would encourage everyone without symptoms to test themselves twice a week.

All learners who develop symptoms of COVID-19 should be tested as soon as possible with a PCR test, not an LFD test. An appointment for a PCR test can be booked via the following link <https://www.gov.uk/get-coronavirus-test> or by calling 119.





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Easter Test and Trace Arrangements

Parents/carers should continue to notify the school if their child develops symptoms of COVID-19, is tested asymptotically (tested when they haven't got symptoms) with a PCR or tests positive after a home LFD test in the final week before the Easter break using the following head@uptonhigh.co.uk.

Notifying the school if your child develops COVID-19 symptoms after the school closes for Easter

Notify the school if:

- Your child develops symptoms, is asymptotically tested (tested when they don't have symptoms) with a PCR or tests positive after a home LFD test up to and including the **3 April 2021** and;
- Your child was in school in the 2 days prior to the symptom on-set (or test if they have been tested but don't have symptoms)

You do not need to notify the school if:

- Your child has not been in nursery/school in the 2 days prior to the symptom on-set (or test if they have been tested but don't have symptoms)
- Your child develops symptoms or is asymptotically tested (tested when they don't have symptoms) **from 4 April 2021**

The national test and trace service will contact you to complete the contact tracing.

Returning to school after Easter

The school does not need to be notified if your child is required to self-isolate during the Easter holidays. If your child is required to isolate after the 18 April 2021 and will not be in school on the 19 April 2021 please email admin@uptonhigh.co.uk by the 18 April 2021 outlining the reason why they are isolating and the date they will return. We will then review these emails when we re-open on the 19 April 2021.

Test and trace arrangements when the school re-opens after Easter

From the 19 April 2021 onwards the normal test and trace procedures will apply, and parents should contact the school to notify us if their child develops symptoms of COVID-19 or tests positive after completing a home LFD testing kit using the following head@uptonhigh.co.uk.

Summary of COVID notification deadlines

Dates	Actions	Contacts
Up to the 3 April 2021	Continue to notify the school if your child develops symptoms of COVID-19, is tested asymptotically (tested when they haven't got symptoms) with a PCR or tests positive after an LFD	head@uptonhigh.co.uk
From 4 April 2021 until 18 April 2021	Do not notify the school if your child starts with symptoms of COVID-19 or is tested	No contact required



	asymptotically (tested when they haven't got symptoms)	
18 April 2021	Notify the school if your child is self-isolating and will not be returning on the 19 April 2021	admin@uptonhigh.co.uk
19 April 2021	Notify the school if your child develops symptoms of COVID-19 or is tested asymptotically (tested when they haven't got symptoms) with a PCR or tests positive after an LFD	head@uptonhigh.co.uk

2 Free School Meals over the Easter Break

In conjunction with CWAC we have arranged for Tesco vouchers to be issued to parents/carers of children who are in receipt of free school meals. These vouchers will come direct from Tesco and are to cover the Easter break.

3 Online Safety Update

There have been reports that children within local schools have disclosed to teachers or parents that they have seen really distressing material on the sites below, and have been asked by strangers to share pictures and videos of themselves performing sexual acts.



DISCORD is an App that lets people chat via text, voice or video in real-time. It is very popular with gamers, and with the right privacy settings and monitoring it can be used safely. The safest way to use Discord is to only accept friend requests and participate in private servers with people you know. Avoid open chat functions. Discord has an age rating of 13 years +.



A reminder - OMEGLE is advertised as 'a free online chat website that allows users to socialise with others without the need to register. The service randomly pairs users in one-on-one chat sessions.' The website also allows users to connect to webcams so they can be seen by the stranger they are talking to. It has an age rating of 18+ or 13 years + (with parental permissions).

If you need any help or support due to concerns about these sites, please do not hesitate to contact me.

Mr Keegan
Assistant Headteacher