



Learning to shape the future

Headteacher: Mrs P Dixon BA(Hons), NPQH

Dear Parents/Carers

Year 7 Experience - Residential Course at the Conway Centre

Year 7 x side	Year 7 y side
Monday 24 th to Wednesday 26 th November	Wednesday 26 th to Friday 28 th November

I hope your son/ daughter is settling in well to school life here at Upton-by-Chester High school. I am writing to you to remind you about the residential trip to the Conway Centre that all Year 7 students have the opportunity to undertake. It is hoped that the entire cohort will be able to take advantage of this exciting experience in order to improve their social skills, build confidence and further their ability to work as part of a team.

Information session

I will be holding a short, informal meeting on **Wednesday 24th September from 4:30-5:15pm in the main school hall** where you are welcome to come along to find out a little more about the trip, hear from students that attended the trip last year and ask any questions you may have.

The Conway Centre is a Local Education Authority approved Outdoor Centre, based on Anglesey with access to the Menai Straits. The Conway Centre employs qualified teachers who are trained in a variety of Outdoor Activities and look to enhance the students' learning outside the classroom. Students will establish strong bonds with youngsters from other Primary schools in their year. They will socialise and participate in friendly competition through a series of activities and challenges. There will be an opportunity for students to choose what activities they would like to cover, reducing the possibility of replicating activities previously undertaken in Primary school.

The trip includes;

- 2 full days of taught sessions by the Conway Centre Staff.
- Full board – 3 meals a day with drinks included.
- Travel by coach to and from the Conway Centre.
- Instruction by highly qualified Teachers of Outdoor Education, who will incorporate team building into sessions such as Gorge Walking, Sea Level Traversing, Abseiling, Raft Building, Rock Climbing and the High Ropes Course.
- All safety equipment, waterproof clothing and full comprehensive Insurance.

The cost of the trip is **£155**. An **initial deposit of £55** is required by **Wednesday 24th September**. The remaining balance can then be paid in **two instalments of £50**. If you are in receipt of free school meals or have been at any time over the past 6 years, there is funding available.

2nd Instalment – Monday 6th October 2014

3rd Instalment – Monday 3rd November 2014

All payments are non-refundable unless covered by the terms of the insurance details. All payments should be made at the student enquires office with cheques made payable to “**Upton High School Fund**”. Please ensure that the student's name and form are written clearly on the back of the cheques.





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Accommodation

At the Conway Centre students will have accommodation in single sex dormitories of various sizes. Students will have a common room where they can make drinks and all students should bring a bottle of water.

Transport

Transport will be provided by coach (Meredith's of Malpas) both to and from the Centre. Transport costs are included in the overall fee.

Kit List

A full kit list will be issued to students prior to the trip, but we recommended wellington boots and old clothes for the four activity sessions.

The teachers leading school visits take great care in their preparations to ensure the health and safety of all those involved. It is important that all participants in any school visit, irrespective of their age, acknowledge that they must, at all times, behave in a sensible and responsible manner and comply fully with the advice and instruction of the teacher(s) in charge of the group.

Yours faithfully,

Mrs N. Collinson
Head of Girls PE

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Upton-by-Chester High School

Reply Slip for Year 7 Residential Course at the Conway Centre

Student Name Tutor Group

To Mrs Collinson

I wish my son/daughter to attend the Year 7 residential course.

Yes / No I am currently/ have in the last 6 years been in receipt of free school meals (please delete).

I confirm that I have:

Enclosed an initial deposit of **£55.00** and understand that my payments are non-refundable unless covered by the terms of the insurance

- Enclosed a completed form C
- Discussed the need for sensible mature behaviour with my son/daughter

Name (Parent/Carer)

Signature (Parent/Carer)

Date

