



Parent E-Bulletin – Autumn Term Week Commencing 11th September 2023

Good afternoon,

This week has been a great start to the new academic year. Whilst the weather has thrown us slightly, the positive way in which the learners have returned to school has been fantastic. I have been particularly impressed with the Year 7 learners who are already confident around the school.

In this week's bulletin there is a lot of information. Some of it new, some as a reminder, so I will keep my contribution short.

We will be expecting learners to wear blazers next week as the weather is forecasted to return to more normal seasonal temperatures. It is important that all learners are wearing their blazers in line with the school uniform expectations.

I will give you more of an update next week on the first two weeks of term.

Yours faithfully,

L Cummins

Headteacher

Attendance and Family Support

Welcome to the start of a new academic year. We hope that all our learners and families had a restful break over the summer, and that all our new learners have enjoyed their first few days in school.

Upton by Chester High School are committed to providing an excellent educational experience for all learners. We believe that if learners are to benefit from education, punctuality and good attendance are crucial. We will do all we can to ensure maximum attendance for all learners. Any problems with punctuality and regular attendance will be identified and addressed as quickly as possible.

It is our policy to celebrate achievement and great attendance. Attendance is such an important factor in a successful school career. We actively promote and encourage 100% attendance for all our learners. As a minimum we expect every child to have an attendance of at least 96%. Attendance consistently below this will affect your child's learning, progress and achievement.

A learner's punctuality and regular attendance is a legal requirement, and failure of parents or carers to ensure this means that they may be guilty of an offence. If your child is absent you must inform the school on the first day of absence with reasons for their non-attendance and keep in contact with the school during the absence, so that accurate records can be maintained. This will also enable us to assess any support that your child may need during their absence and on their return to school.

I will be making regular visits to homes where children are often absent from school, to discuss the reasons for this and to offer our support in improving attendance and timekeeping.

We would ask all parents and carers to ensure that family holidays and any other leave are arranged outside of school term time. You should not remove your child from school during term time without having first requested a leave of absence. All requests for authorised absence will be responded to in writing and will only be authorised in the most exceptional circumstances.

[Upton-by-Chester Application for leave form and Attendance Policy](#)

If permission is not granted, but the child is still absent, the absence is classed as unauthorised and parents/carers will be issued with a penalty notice in line with Local Authority guidelines.

If you would like to talk to us about any aspect of your child's attendance, please do not hesitate to contact our designated school staff. We are all here to support you and your child.

Kind regards,

Mr Will
Pastoral Manager for Attendance and Family Support

Homework for Year 7 to 13

Research shows that regular completion of homework at secondary school can improve learners' progress by up to 5 months (Education Endowment Foundation 2023).

We are launching a new homework platform called Show my Homework. Parents in years 8, 9, 10, 11 and 13 will have already been sent an invite to join the platform. Once parents/carers have registered with Show my Homework, they will be able to access the work set, due dates and notifications of overdue work. Homework will be logged on Show My Homework from 6th September 2023.

Below is some helpful information to explain how the platform works and how you can access your children's accounts. Parents/carers who have multiple children at our school will be able to access all of their accounts from the one log in. We hope that you find these features a real benefit in helping you to support your child with homework completion. If you require any support please contact me at bradburys@uptonhigh.co.uk

Homework Year 7 and 12

We are currently working on getting all Year 7 and Year 12 learners registered on the platform. Once we have learners registered, we will send out activation codes to Year 7 and 12 parents/carers, we anticipate this will be week beginning 18th September. Homework will be logged on Show my Homework for Year 7 and 12 from the 18th September. Until this time learners will record homework in their planners.

Learner Planners

Learners in Years 7-11 will record 'Homework set' or 'Not set' for each lesson each day. Homework set will be signposted on Show My Homework. Form tutors will sign the planner each week and we ask that parents/carers also sign the planner on a weekly basis.

Useful information regarding Show my Homework

Parents will be issued with an Activation Code which will be used to create their user account. This had already been emailed to all parents, (apart from Year 7 and 12, which will be sent out week beginning 18th September). There is a unique activation code per child and this code can be used by up to five parents or guardians for that child to have their own separate parent account. If a parent has multiple children within the school, they will be issued multiple activation codes (a help centre article link will be included below).

Key points:

- Parent accounts are completely separate to the learner account but parents can still see all of the homework that has been issued to their child
- Parents do not need to create their child's user account, this has already been done
- Parents should not use their child's email address for their parent account, they should use their own email address for their account

Key help centre articles for getting parents started:

- [Logging in as a parent](#)
- [Add another student to your account](#)
- [My child's homework](#)

Key tutorial videos can be found below:

- [Satchel One: Logging in as a Parent/Guardian](#)

If you have any questions or require any further support please do contact me.

Kind regards
Mrs Bradbury
Deputy Headteacher

New School Rules

Prepared, Respectful, Safe

Following a planning and consultation process, we are pleased to have now launched with Learners our 3 new rules at Upton-by-Chester High School. These are; **Prepared, Respectful and Safe**.

It is important that you are aware of these new rules as parents and carers. All members of the school community and the wider community should adhere to our rules of **Prepared, Respectful and Safe**.

The 3 rules are in place to establish a sustainable approach to behaviour. All members of the Upton-by-Chester High School community must apply the Rules of **Prepared, Respectful and Safe** consistently and explicitly teach appropriate behaviour through positive modelling.



The following examples have been created by the Learners and reviewed by the Staff at Upton-By-Chester High School. These are examples of **positive learning behaviours** linked to each of the 3 rules and the list is not exhaustive.

Learners will be recognised for displaying positive learning behaviours.

PREPARED	RESPECTFUL	SAFE
<i>'...to learn'</i>	<i>'...to the community and environment'</i>	<i>'...from harm'</i>
I arrive on time to school and each lesson with a positive mind-set.	I always show respect, I am kind and polite and help others where I can.	I will speak to a member of staff If I am unable to resolve or wish to report an issue.
I fully engage in all lessons and demonstrate a positive attitude to learning.	I consider the learning of others and listen to staff and my peers.	I move around our school calmly and behave in a way that is safe for all.
I complete classwork and homework to the best of my ability.	I respect the property of others and the school/ local environment.	I choose the safer route to and from school.
I carry a school bag and the correct equipment for each lesson.	I try to put myself in others shoes to demonstrate empathy and understanding.	I adhere to the safety rules of classrooms (subject specific spaces).
I wear my correct school uniform with pride.	I am accepting of the opinions or beliefs of others.	I follow all teacher instructions the first time and every time.
I follow the phases of learning in the Maximising Success Model.	I use my phone only when directed by my teacher for the purposes of L & T (otherwise it is switched off and away)	I maintain a clean and manageable digital footprint.
I carry my DUE and Praise cards and present them when asked.	I wait my turn to ask a question/ for help and avoid shouting out or cutting across conversations.	I uphold the school ethos when representing our school off site- e.g. on a trip or visit.

Kind regards,

School Canteen

The school caterers, Aspens, provide a variety of options to cater for all our learners. Details of the current menu on offer and Meal Deals available can be found [here](#)

Meal Deals represent a particularly good value-for-money lunch option for learners at **£2.70**. This is a very cost effective way for learners to get a good amount of nourishment, rather than purchasing items separately which would be more expensive.

You can add credit to your child's account via the school's online payment system [Scopay](#). If you do not have an online payment account, please email finance@uptonhigh.co.uk to request one.

Free School Meals

Learners in receipt of Free School Meals (FSM) are allocated a daily allowance of **£2.70**, which is aligned with the cost of a Meal Deal. The allowance is applied to their account at the start of each day for the child to spend as they see fit, although it is intended for lunchtime provision. You may wish to consider providing extra food or additional funds to your child's account if they wish to eat something at Break as well.

Please be aware that any unused credit is not carried over and does not accumulate. Any purchases that take a child's spending over the daily allowance will be charged to their account, leaving them in deficit. In such instances, parents/carers will be required to top-up their child's account with funds to clear the debt.

Cashless Catering Balances

Please ensure that your child's catering balance is kept in sufficient credit that they are able to make their desired purchases. If for any reason a child does not have sufficient credit on a given day, they should seek out a member of school staff in the canteen to request support in that instance.

Whilst we exercise a degree of understanding and support, a report is run each Wednesday highlighting any learners whose accounts have fallen into deficit and a communication will be sent to the relevant parents/carers requesting that any negative balances are settled as a matter of urgency.

Please discuss your child's spending habits and choices with them so that they are aware of their options and are getting the most from their credit or FSM entitlement.

Engage@upton Timetable Autumn Term 1



11th September 2023 - 20th October 2023

What is Engage@Upton

Engage@Upton is the extra curricular provision at Upton High School

This is any session that is put on outside of lesson time.

All clubs are free of charge to attend apart from DofE

You can improve on skills that you already have or even have a go at something new.

You can also meet new friends; new teachers and it is another way to socialise.

What are the
times of the
clubs

All clubs apart from those
stated on the timetable are
after school.

These start at 3.10 and
finish at 4.15pm

How do you
find out
more info
about the
club?

In the first instance contact the
lead teacher/s of the club which
you can find on the timetables
or ask in your lessons.

Or you can email
engage@uptonhigh.co.uk

There is no need to sign up to a
club you just turn up at the
allocated time and place.

Year 7-11



KS3 & KS4 Breakfast Club

Mon – Fri
8am-8.40am
Upper School Canteen

Come along, get some breakfast,
socialise and play some games.

Start the day in a great way!!!

New Price List
Toast – 30p (per slice)
Juice – 75p
Cereal – 75p
Breakfast Meal Deal - £1 (juice and either
cereal OR 1 slice of toast)

*(Learners who are entitled to Free School Meals will
have breakfast provided for them. This will include
either 1 piece of toast or a bowl of cereal, plus a drink)*

This is a reduced menu for now which will
be expanded as time goes on.

All Learners have access to the Hub:

The Learning Hub Club

The Learning Hub is a fantastic place that learners have access to use each day! It is a space to complete classwork, homework & revision as well as having the opportunity to use a computer/Chromebook/printer. It is also home to a huge array of books that you can borrow!!

The Learning Hub is open Mon-Thurs 8.30am to 4.30pm & Fri 8.30am to 4pm

- Breaktime – all learners welcome
- Lunchtime is as follows:
 - Monday Year 7
 - Tuesday Year 8
 - Wednesday Year 9
 - Thursday Year 10
 - Friday Year 11



Extra Information:

Please check start dates carefully. They are not all starting next week.

-Drama Club
This is for learners who are not in the school production

-D&D Club
This is open to new and experienced players

-Youth Room
This club provides a place to belong and a safe space to explore faith and life's big question

-Football Clubs
All on the 3G (moulded studs needed)

Engage @upton		YEAR 7		Autumn Half Term 1 Sept/Oct 2023	
		Contact engage@uptonhigh.co.uk for more information and follow us on twitter @uptonengage			
Monday	Basketball Sports hall BHQ/PME (Starting 11 th September)	Chess B1 TCA (Starting 11 th September)	Drama Drama Studio LKI/BSU (Starting 18 th September)	School Production Music Rehearsals (Cast Only) A3 CTH (Starting 2 nd October)	
Tuesday	Band A3 CTH (Starting 12 th September)	Beginner Tennis MUGA SNA (Starting 19 th September)	D&D A12 CWE/BBR (Starting 12 th September)	Football (for all) 3G PE Staff (Starting 12 th September)	
	Italian E6 LFE (Starting 19 th September)	Rugby (for all) School Field LBR/DMO (Starting 12 th September)	Youth Room (PLAN A & B) A13 RBE (Starting 19 th September)		
Wednesday	Choir A3 CTH/BSU (Starting 13 th September)	Girl's Football 3G SRB (Starting 13 th September)	LGBT (PLAN B Only) M7 LAT (Starting 13 th September)		
	School Production Acting & Staging Rehearsals (Cast Only) Drama Studio GDA/LKI/BSU (Starting 4 th October)	STEM T3 HPU/GSP (Starting 20 th September)	Writers Workshop (Week 1 Only) B16 RWI/RBL (Starting 20 th September)		
Thursday	Indoor Cricket Sports hall PCA (Starting 14 th September)	Oxfam Youth Group A12 KSM (Starting 14 th September)			
Friday	Netball MUGA JLY (Starting 19 th September)				

Extra Information:

Please check start dates carefully. They are not all starting next week.

-Ball Hockey
You will need a gum shield and shin pads.

-Drama Club
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-Football Clubs
All on the 3G (moulded studs needed)

Engage @upton		YEAR 8		Autumn Half Term 1 Sept/Oct 2023	
				Contact engage@uptonhigh.co.uk for more information and follow us on twitter @uptonengage	
Monday	<u>Basketball</u> Sports hall BHQ/PME (Starting 11 th September)	<u>Chess</u> B1 TCA (Starting 11 th September)	<u>Drama</u> Drama Studio LKI/BSU (Starting 18 th September)	<u>School Production Music Rehearsal</u> (Cast Only) A3 CTH (Starting 2 nd October)	
Tuesday	<u>Ball Hockey</u> Sports hall APR/GIO (Starting 12 th September)	<u>Band</u> A3 CTH (Starting 12 th September)	<u>Beginner Tennis</u> MUGA SNA (Starting 19 th September)	<u>Dance</u> Dance Studio SDW (Starting 12 th September)	<u>D&D</u> A12 CWE/BBR (Starting 12 th September)
	<u>Football (for all)</u> 3G PE Staff (Starting 12 th September)	<u>Italian</u> E6 LFE (Starting 19 th September)	<u>Rugby (for all)</u> School Field LBR/DMO (Starting 12 th September)	<u>Youth Room (PLAN A & B)</u> A13 RBE (Starting 19 th September)	
Wednesday	<u>Choir</u> A3 CTH/BSU (Starting 13 th September)	<u>Geography Club</u> C3 KMI (Starting 20 th September)	<u>Girl's Football</u> 3G SRB (Starting 13 th September)	<u>LGBT (PLAN B Only)</u> M7 LAT (Starting 13 th September)	
	<u>Netball</u> Astros/Sports hall NSZ/ILY (Starting 13 th September)	<u>School Production Acting & Staging Rehearsals (Cast Only)</u> Drama Studio GDA/LKI/BSU (Starting 4 th October)	<u>STEM</u> T3 HPU/GSP (Starting 20 th September)	<u>Writers Workshop (Week 1 Only)</u> B16 RWI/RBL (Starting 20 th September)	
Thursday	<u>Indoor Cricket</u> Sports hall PCA (Starting 14 th September)		<u>Oxfam Youth Group</u> A12 KSM (Starting 14 th September)		
Friday	<u>Farm</u> Farm VBI (Starting 22 nd September)				

Extra Information:


Please check start dates carefully. They are not all starting next week.

-Drama Club
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-Football Clubs
All on the 3G (moulded studs needed)


 Engage @upton		YEAR 9		Autumn Half Term 1 Sept/Oct 2023 Contact engage@uptonhigh.co.uk for more information and follow us on twitter @uptonengage	
Monday	<u>Basketball</u> Sports hall BHO/PME (Starting 11 th September)	<u>Chess</u> B1 TCA (Starting 12 th September)	<u>Drama</u> Drama Studio LKI/BSU (Starting 18 th September)	<u>School Production Music Rehearsals</u> (Cast Only) A3 CTH (Starting 2 nd October)	
Tuesday	<u>Band</u> A3 CTH (Starting 12 th September)	<u>Beginner Tennis</u> MUGA SNA (Starting 19 th September)	<u>Dance</u> Dance Studio SDW (Starting 19 th September)	<u>D&D</u> A12 CWE/BBR (Starting 12 th September)	
	<u>Football (for all)</u> 3G PE Staff (Starting 12 th September)	<u>Italian</u> E6 LFE (Starting 19 th September)	<u>Rugby (for all)</u> School Field LBR/DMO (Starting 12 th September)	<u>Youth Room (PLAN A & B)</u> A13 RBE (Starting 19 th September)	
Wednesday	<u>Choir</u> A3 CTH/BSU (Starting 13 th September)	<u>Geography</u> C3 KMI (Starting 20 th September)	<u>Girl's Football</u> 3G SRB (Starting 13 th September)	<u>LGBT (PLAN B Only)</u> M7 LAT (Starting 13 th September)	
	<u>Netball</u> Astros/Sports hall NSZ/JLY (Starting 13 th September)	<u>School Production Acting & Staging Rehearsals</u> (Cast Only) Drama Studio GDA/LKI/BSU (Starting 4 th October)		<u>Writers Workshop (Week 1 Only)</u> B16 RWH/RBL (Starting 20 th September)	
Thursday	<u>Indoor Cricket</u> Sports hall PCA (Starting 14 th September)		<u>Oxlam Youth Group</u> A12 KSM (Starting 14 th September)		
Friday	<u>Farm</u> Farm VBI (Starting 22 nd September)				

Extra Information:

Please check start dates carefully. They are not all starting next week.

-D&D Club
This is open to new and experienced players

-Youth Room
This club provides a place to belong and a safe space to explore faith and life's big question

 Engage @upton		YEAR 10		Autumn Half Term 1 Sept/Oct 2023 Contact engage@uptonhigh.co.uk for more information and follow us on twitter @uptonengage	
Monday	Basketball Sports hall BHO/PME (Starting 11 th September)		Chess B1 TCA (Starting 11 th September)		Dance Dance Studio SDW (Starting 18 th September)
	School Production Music Rehearsals (Cast Only) A3 CTH (Starting 2 nd October)			Warhammer B1 TCA (Starting 21 st September)	
Tuesday	Band A3 CTH (Starting 12 th September)		Beginner Tennis MUGA SNA (Starting 19 th September)		D&D A12 CWE/BBR (Starting 12 th September)
	Italian E6 LFE (Starting 19 th September)		Rugby (for all) School Field LBR/DMO (Starting 12 th September)		G&SE PE Trampoline Gym JLY (Starting 12 th September)
Wednesday	BTEC Dance Club (Invite only) Dance Studio SDW (Starting 20 th September)		Choir A3 CTH/BSU (Starting 13 th September)		Girl's Football 3G SRB (Starting 13 th September)
	Netball Astros/Sports hall NSZ/JLY (Starting 13 th September)		School Production Acting/Staging Rehearsals (Cast Only) Drama Studio GDA/LKI/BSU (Starting 4 th October)		LGBT (PLAN B Only) M7 LAT (Starting 13 th September)
Thursday	Indoor Cricket Sports hall PCA (Starting 14 th September)			Oxlam Youth Group A12 KSM (Starting 14 th September)	
	Farm Farm VBI (Starting 22 nd September)				

Extra Information:

Please check start dates carefully. They are not all starting next week.

-D&D Club


This is open to new and experienced players

-Youth Room

This club provides a place to belong and a safe space to explore faith and life's big question

-Western Films Club

Learners will be watching certificate 15 films. ID checks will be used if necessary

 Engage @upton		YEAR 11		Autumn Half Term 1 Sept/Oct 2023	
				Contact engage@uptonhigh.co.uk for more information and follow us on twitter @uptonengage	
Monday	<u>Basketball</u> Sports hall BHQ/PME (Starting 12 th September)		<u>Chess</u> B1 TCA (Starting 12 th September)		<u>Dance</u> Dance Studio SOW (Starting 18 th September)
Tuesday	<u>Band</u> A3 CTH (Starting 12 th September)	<u>Beginner Tennis</u> MUGA SNA (Starting 19 th September)	<u>D&D</u> A12 CWE/BBR (Starting 12 th September)	<u>GCSE PE Trampoline</u> Gym JLY (Starting 12 th September)	
	<u>Italian</u> E6 LFE (Starting 19 th September)	<u>Rugby (for all)</u> School Field LBR/DMO (Starting 12 th September)	<u>Western Films</u> C13 APT (Starting 19 th September)	<u>Youth Room (PLAN A & B)</u> A13 RBE (Starting 19 th September)	
Wednesday	<u>Choir</u> A3 CTH/BSU (Starting 13 th September)		<u>RTEC Dance Club (Invite only)</u> Dance Studio SOW (Starting 20 th September)		<u>Girl's Football</u> 3G SRB (Starting 13 th September)
	<u>LGBT (PLAN B Only)</u> M7 LAT (Starting 13 th September)	<u>Netball</u> Astros/Sports hall NSZ/JLY (Starting 13 th September)		<u>Upton Voice (PLAN A & B)</u> B14 CSE (Starting 13 th September)	
Thursday	<u>Indoor Cricket</u> Sports hall PCA (Starting 14 th September)			<u>Oxfam Youth Group</u> A12 KSM (Starting 14 th September)	

Extra Information:

Please check start dates carefully. They are not all starting next week.

-D&D Club


This is open to new and experienced players

-Youth Room

This club provides a place to belong and a safe space to explore faith and life's big question

-DofE Gold

Information will be provided about this shortly.

		Year 12		Autumn Half Term 1 Sept/Oct 2023	
				Contact engage@uptonhigh.co.uk for more information and follow us on twitter @uptonengage	
Monday	Basketball Sports hall BHQ/PME (Starting 11 th September)	Chess B1 TCA (Starting 11 th September)	Dance Dance Studio SOW (Starting 18 th September)	School Production Music Rehearsals [Cast Only] A3 CTH (Starting 2 nd October)	
Tuesday	Band A3 CTH (Starting 12 th September)	Beginner Tennis MUGA SNA (Starting 19 th September)	D&D A12 CWE/BBR (Starting 12 th September)		
	Italian E6 LFE (Starting 19 th September)	Rugby [for all] School Field LSR/DMO (Starting 12 th September)	Youth Room [PLAN A & B] A13 RBE (Starting 19 th September)		
Wednesday	Choir A3 CTH/BSU (Starting 13 th September)	Girl's Football 3G SRB (Starting 13 th September)	LGBT [PLAN B Only] M7 LAT (Starting 13 th September)		
	Netball Astros/Sports hall NSZ/JLY (Starting 13 th September)	School Production Acting/Staging Rehearsals [Cast Only] Drama Studio GDA/LKJ/BSU (Starting 4 th October)	Upton Voice [PLAN A & B] B14 CSE (Starting 13 th September)		
Thursday	DofE Gold [PLAN A & B] B14 CSE (Start date TBC)	Indoor Cricket Sports hall PCA (Starting 14 th September)	Oxfam Youth Group A12 KSM (Starting 14 th September)		

Extra Information:

Please check start dates carefully. They are not all starting next week.

-D&D Club

This is open to new and experienced players

-Youth Room

This club provides a place to belong and a safe space to explore faith and life's big question

-Doff Gold

Information will be provided about this shortly.

Engage upton		Year 13		Autumn Half Term 1 Sept/Oct 2023 Contact engage@uptonhigh.co.uk for more information and follow us on twitter @uptonengage
Monday	Basketball Sports hall BHQ/PME (Starting 11 th September)	Chess B1 TCA (Starting 11 th September)	Dance Dance Studio SDW (Starting 18 th September)	School Production Music Rehearsals (Cast Only) A3 CTH (Starting 2 nd October)
Tuesday	Band A3 CTH (Starting 12 th September)	Beginner Tennis MUGA SNA (Starting 19 th September)	D&D A12 CWE/BBR (Starting 12 th September)	
	Italian I6 LFE (Starting 19 th September)	Rugby (for all) School Field LBR/DMO (Starting 12 th September)	Youth Room (PLAN A & B) A13 RBE (Starting 19 th September)	
Wednesday	Choir A3 CTH/RSU (Starting 13 th September)	Girl's Football 3G SRB (Starting 13 th September)	LGBT (PLAN B Only) M7 LAT (Starting 13 th September)	
	Netball Astros/Sports hall NS2/JLY (Starting 13 th September)	School Production Acting/Staging Rehearsals (Cast Only) Drama Studio GDA/LKJ/RSU (Starting 4 th October)	Upton Voice (PLAN A & B) B14 CSE (Starting 13 th September)	
Thursday	Doff Gold (PLAN A & B) B14 CSE (Start date TBC)	Indoor Cricket Sports hall PCA (Starting 14 th September)	Oxfam Youth Group A12 KSM (Starting 14 th September)	

Year 9/10/11/6th Form LEADERSHIP



- If any learner would like to get involved with any clubs in a leadership role please see Miss Downs in the PE office or the member of staff that is leading the club they would like to help at
- This could be within their year group club or it could be in a club for the lower years.
- This is an excellent opportunity to develop leadership skills and communication and it always looks good on a CV or college/university application.
- *For instance: Year 8 dance club had leaders last year who taught the learners a dance over a number of weeks. This was then performed in the dance show.*

We look
forward to
seeing
you.....

#whatwillyoutry

#getinvolved

#trysomethingnew

#engage@upton

Careers and Next Steps

Click on the link below to see the latest information

https://docs.google.com/document/d/1ab57VM41x7_yzr0Q19PUj0r4KoWn--X2iSfZR7KI_yc/edit?usp=sharing

Information from External Partners



Community Day

@Grosvenor Park, Chester

Saturday 16th September

10:30am - 4pm

///dared.anyone.region

Bring the whole family and join us in the park for our community day - try something new, learn new skills and meet new friends

Plenty to do for everyone, including:

- Climbing Wall
- Soft Archery and Axe throwing
- Many more fun games and activities
- Plus hot food & drinks (sold in support of our 2024 Norway Expedition)

Scan the QR codes to follow our Instagram and Facebook for more information:



@chester_scouts



@ChesterScouts

Message us on Facebook or Instagram with any questions <https://www.chesterscouts.org.uk/join>

#skillsforlife



West Cheshire Athletic Club Schools Cross Country Race Series 2023/24

**At Ellesmere Port Sports Village, Stanney Lane,
Ellesmere Port,**

**Registration from 9.30am for school years 3 & 4
And from 10am for school years 5-8.
First Race Starts at 10am.**

**Dates of Fixtures:
Saturday, October 7
Saturday, November 4
Saturday, November 18
Saturday, December 9**

Race Order for the following Girls and Boys year groups:
Year Three, Year Four, Year Five, Year Six, Year Seven, Year Eight.

Medals will be presented to the first three finishers in each race.

The first three finishers from each school in each race will count as a team towards a team score based on their positions, and the team event will be held over four rounds.

Awards will also be presented to the top three finishers overall in each age group after four rounds.

Each pupil from each school will be provided with a race number which should be attached to the front of their T-shirt/vest.

Each participating school should provide
a representative/parent/team manager at each round.

Further details from Dennis Wall at West Cheshire AC.

Tel: 07968 643038. Email: dennis.wall1@ntlworld.com