



## Parent E-Bulletin – Autumn Term Week Commencing 4<sup>th</sup> December 2023

Dear Parents and Carers,

It is hard to believe that we are at the beginning of December and that there are only two full weeks of the Autumn term left. Time certainly moves fast in Upton-by-Chester High School.

This week we have seen approximately 60 learners take part in a STEM visit to London. The learners were a credit to themselves and the school and were able to engage in a whole range of different activities to support their understanding of science and technology. We look forward to seeing them apply their learning to their lessons over the coming weeks and months.

More sporting success has been achieved this week. Notably the Year 8 football team made it through to the semi-final of the seven a side competition. We look forward to hearing more about their successes. If you don't already follow the school on Facebook and X (Twitter) please do as you will get to see all the fantastic achievements of our learners in their sporting activities.

This week the tickets go on sale for our forthcoming production of Oliver, tickets can be purchased via Scopay. Everyone in school is really looking forward to the production. On a similar note, we are really looking forward to taking Year 7 to the pantomime in the final week of term. This is something that builds on our commitment to the importance of the arts and performance in school.

As many of you will be aware some changes have been made to the parking at the back of school. This has been implemented by The Cheshire Sports Club to ensure that there is suitable car parking provision for their customers throughout the day. This has had an impact on the parking provision for Sixth Form Learners. I would like to remind you that the alternative arrangements are for Sixth Form Learners to park at the Mannings Lane (Brookhurst) site and take the footbridge across to school.

It is important that Sixth Form Learners do not cause a hazard when parking in the local community. We have received a number of complaints from residents of Long Lane. The situation will be being monitored by the local PCSO over the coming two weeks.

Best wishes,

L Cummins  
Headteacher

### Lost Property

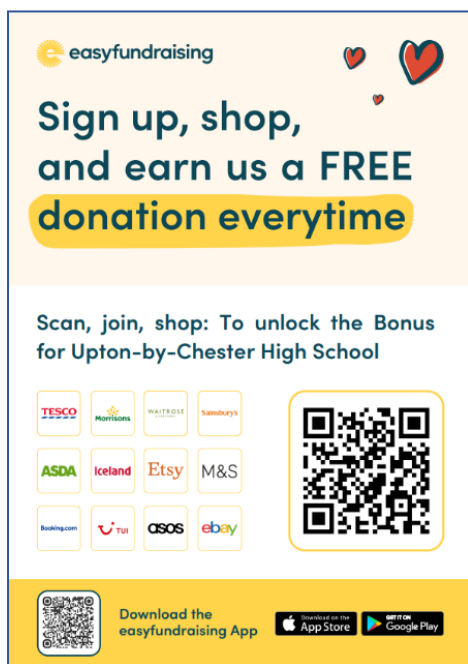
Unfortunately we regularly receive items of equipment and clothing that have been lost or left behind by learners. If your child has misplaced any items, please instruct them to inform a member of staff at Student Reception at the earliest possible opportunity.

We always do our best to reunite any lost items with their owners but it is not always easy to identify who they belong to. We strongly advise that all uniform, PE kits and coats are labelled with your child's name in them, so we can identify any property and send a message for your child to collect them from Student Reception.

Lost property is held securely at Student Reception for 6 weeks. Any items that remain unclaimed after this period of time are donated to a local charity.

Thank you for your support with this,  
Student Reception

## Easyfundraising for Upton-by-Chester High School



Whenever you buy anything online – from your weekly shop to your annual holiday – you could be raising a **free donation for Upton High**, which we can then use towards extra resources, rewards & experiences for the benefit of our learners.

### **All you have to do is:**

1. **Go to** <https://www.easyfundraising.org.uk/causes/uptonhigh/>
2. **Sign up for free**
3. **Get shopping** – your donations will be collected by easyfundraising and automatically sent to Upton High.

Raise £1 just by signing up. To help us get up and running, we've been offered an exclusive incentive for a limited time only. For each new Upton High supporter who registers, easyfundraising will give us £1.

It couldn't be easier! There are over 8,000 brands, including Amazon, Tesco, John Lewis, Aviva, thetrainline, TUI and Sainsbury's, who will donate a percentage of the amount you spend to our school to say thank you for shopping with them.

There are **no catches or hidden charges** and Upton High will be really grateful for your donations.

So when you next shop, help us raise valuable funds for the school at no extra cost to you, **thank you for your support**.

## Christmas Toy Appeal

# Chester Christmas Toy Appeal

The annual Chester Christmas Toy Appeal, run by Big Yellow Self Storage, has been launched with a clear message in what has been a difficult year for everyone.

Last year's Toy Appeal raised a record £15,000 worth of new toys and gifts. This impacted a range of local charities over the Christmas Period.



## How to donate:

Donation boxes can be found in all Head of Year offices, deadline for donations is the 11th December.  
In order to be accepted- gifts have to be new.

## Christmas Dinner Day – Wednesday 13<sup>th</sup> December



Christmas LUNCH

**Wednesday 13TH December**

**Christmas Lunch**  
Roast Chicken with Sticky Chipolata,  
Roasties, Christmas Vegetable Medley &  
Gravy  
or  
**Roasted Vegetable, Cranberry & Cheese  
Puff Pastry**  
with Roasties, Christmas Vegetable  
Medley & Gravy  
and  
**Christmas Pudding Rice Krispie Ball or  
White Chocolate Snowball Cookie**  
**£2.70**


**FOOD  
FESTIVAL**  
By Aspens

## Careers and Next Steps

Click on the link below to see the latest information

[https://docs.google.com/document/d/1ab57VM41x7\\_yzr0Q19PUj0r4KoWn--X2iSfZR7KI\\_yc/edit?usp=sharing](https://docs.google.com/document/d/1ab57VM41x7_yzr0Q19PUj0r4KoWn--X2iSfZR7KI_yc/edit?usp=sharing)

## Information from External Partners



**In Partnership with Cheshire West and Chester Learning & Skills Hubs**

### Children and Young People's Mental Health Level 2

This qualification is designed to increase learners's knowledge and awareness of children and young people's mental health. It will equip learners with the understanding of mental health conditions, risk factors, legislation, ways to support children and young people who are at risk of mental health conditions and much more. This qualification supports progression onto further mental health qualifications and employment in the relevant sectors.

**\*This course is FREE to complete if you meet eligibility criteria for funding\***



#### What you will learn:

- Understand children and young people's mental health in context
- Understand factors and risks which may affect children and young people's mental health
- Understand children and young people's mental health concerns
- Understand the impact of children and young people's mental health concerns
- Understand how to support children and young people with mental health concerns
- Knowledge of the legislation and guidance that applies to children and young people's mental health
- Learn how society views mental health
- Learn the potential effects of mental health including puberty and bullying
- How to recognise behaviour that is associated with mental health
- Understand the appropriate approaches to supporting children and young people with mental health concerns



#### What you will get?

##### Accredited Certification

*Level 2 Understanding Children and Young People's Mental Health.*

#### Induction:

Friday 5th January 2024  
9.30am-12.30pm

#### Start Date:

Friday 12th January 2024  
9.30am-2.30pm

**5 Sessions Every Friday**

#### Location:

The Hughes Centre, Dale Barracks  
Liverpool Road, Chester CH2 4BD



**To book on to this course or if you have any questions please contact the team:**

**info@3dtraining.uk.com**  
**0151 294 4749**

This programme has been funded by the Adult Education Budget





The poster features a light blue background with various Christmas-themed illustrations. At the top left is a cartoon elf, and at the top right is a decorated Christmas tree. In the center, a large blue starburst contains the event details. Surrounding this central starburst are several smaller blue starbursts, each containing a different activity. At the bottom left, the venue and contact information are listed. At the bottom center, the ticket price is displayed with a large '£8'. At the bottom right, social media links are provided. The overall design is festive and colorful, with snowflakes and other holiday motifs scattered throughout.

**LIVE!**  
Cheshire

# ELF RUN

Monday 18th  
December 2023

11am-2pm

Lunch  
Available

Visit from  
Santa

Activities  
around  
the track

Christmas  
Stalls

DISCO

Dress up  
in any  
christmas  
outfit

Book  
through  
Bookwhen

**£8** Per  
Person

New Scene Centre,  
Lime Wood Close,  
Chester CH2 2HD  
01244 320479

[www.facebook.com/livecharitycheshire](https://www.facebook.com/livecharitycheshire)

[www.linkedin.com/company/live-cheshire](https://www.linkedin.com/company/live-cheshire)

[www.livecheshire.org.uk](http://www.livecheshire.org.uk)



**Imagination Gaming**

**FREE**  
**Holiday Activities**  
**Ellesmere Port**  
**Library**  
**Monday 18th**  
**December**  
**10.00 am - 2.00 pm**

A healthy lunch will be provided during the sessions.



**Cheshire West and Chester**

**TO BOOK**  
**YOUR PLACE**  
Scan the QR code



Come and join us for oodles of fun this festive period... learning and playing some of the coolest, smartest, fast witted and amusing board games from across the world. Games that are easy to pick up but hard to put down! The cornerstone of our "Learn to Play, Play to Learn" motto.

With lots of new games hot off the press, robotics, coding and problem solving our mind-bending puzzles are guaranteed to make you smile!

Make your move and come join us ... take on your friends, make some new friendships. Prefer a quieter session, like to work alone? Then we have the games for that too, tactile, problem solving solo games a plenty, come & have a wonderful Christmas time!

Free spaces available for Primary and Secondary School aged 7yrs+ children in receipt of free school meals who have Special Educational Needs or Disabilities. We cannot wait to see you!

Email: [sarah@imaginationgaming.co.uk](mailto:sarah@imaginationgaming.co.uk)  
For Further Information  
Web: [imaginationgaming.co.uk](http://imaginationgaming.co.uk)



**Cheshire West and Chester**



**Greenbank School**

Cheshire West and Chester Council in partnership with our Special Educational Needs and Disability (SEND) Schools presents:

A Programme of Webinars for Parents/Carers & Young People to Support Progression to Further Learning & Employment

**An overview of the Webinar programme & Resource Links**

**Date:** Wednesday 6th December 2023

**Summary of Content:** To provide information on the Family Information Webinar topics to help you make effective choices around next steps in learning and work. You will get links to key resources/networks that can help you make choices about next steps learning and work. Preparing for Adulthood (PFA) Pathway on Livewell site.

**Speaker(s):** Daniele Kennaugh - Deputy Head, Paul Arista – SEND Manager CWaC and Emma Walker - Live Well website co-ordinator

**Provider:** Greenbank School & Cheshire West and Chester Council

**Time:** 4-5pm

**To Join:** [Click here to join the meeting](#)

- To see our full programme of webinars click [here](#).

KLA/LCU