

Upton-by-Chester High School

PSHE POLICY 2024



Policy Link	
SLT	John Keegan
Governor	Paul Ivison

To	Date
Committee Pastoral	
Full Governing Body	
Next Review	
Statutory	No

Website	Yes/No
School (Public)	Yes
Staff Area (Internal)	Yes

'Learning to shape the future'

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1. Aims

At Upton-by-Chester School, our aim is for all learners to flourish and to gain every opportunity to live fulfilled lives. As a school, our mission statement is ***‘Learning to shape the future’*** and enhancing academic achievements with a well taught PSHE programme within the school will encourage all learners to reach their academic potential equipped with the skills needed to live a fulfilled life.

2. Statutory requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

- We must teach relationships and sex education (RSE) under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#). (See the [Upton-by-Chester High School Relationships Education, Relationships and Sex Education \(RSE\) and Health Education Policy March 2023](#))
- We must teach health education under the same statutory guidance

3. Content and delivery

3.1 What we teach

As stated above, we are required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our relationships and sex education policy for details about what we teach, and how we decide on what to teach, in this subject. This policy can be accessed on the school website.

For other aspects of PSHE, including health education, see the attached Schemes of Learning for more details about what we teach in each year/Key Stage.

[2024 PHSE Key Stage 3 Long term Plan](#)

[2024 PHSE Key Stage 4 Long term Plan](#)

[2024 PHSE Key Stage 5 Long term Plan](#)

3.2 How we teach it

PSHE lessons take place once every 2 weeks

- The Director of Safeguarding and Wellbeing delivers an assembly each half term on key themes within the PSHE curriculum
- External organisations come in to run session on key themes for example Diversity, knife crime, Child Sexual Exploitation, County Lines, Suicide, SRE.
- Every week a member of the SLT delivers a recorded remote learner briefing which is linked to British Values.
- All learners have access to the curriculum, tasks are differentiated, resources are adapted and learners receive appropriate sign posting for their needs.
- We have a set of agreed ground rules which are revisited regularly which outline that there should be no shared personal experiences by staff or learners. Learners are signposted where to access support if they are affected by the content of the lesson.
- Regular team communication outlining topics to be covered and support offered to staff to enable effective delivery. Peer coaching between staff is offered.
- We use the whole school maximising success model.
- We provide reports to parents on what has been covered within the curriculum.
- We provide literacy scaffolding with lessons to support learners with writing tasks. We have debate tasks to support oracy, as well as knowledge and vocabulary organises with key terms.

4. Roles and responsibilities

4.1 The governing board

The governing body will approve the PSHE policy and hold the headteacher to account for its implementation.

4.2 The headteacher

The headteacher is responsible for ensuring that PSHE is taught consistently across the school.

4.3 Staff

Staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring progress
- Responding to the needs of individual Learners

4.4 Learners

Learners are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

5. Monitoring arrangements

The delivery of PSHE is monitored by the Head of PSHE through our [Quality Assurance Monitoring Protocol](#).

This policy will be reviewed by the Head of PSHE and the Assistant Headteacher : Director of Safeguarding and Wellbeing annually. At every review, the policy will be approved by the Pastoral Governors Committee and the full Governing Body.

6. Links with other policies

This policy links to the following policies and procedures:

[Upton-by-Chester High School Relationships Education, Relationships and Sex Education \(RSE\) and Health Education Policy March 2023](#)

[Quality Assurance Monitoring Protocol](#).