



School Policy on Personal, Social, Health and Citizenship Education

This policy is under review. If you would like to comment on it, please contact Mrs S. Smale via admin@uptonhigh.co.uk.

This policy has been written to ensure we are meeting the requirements of National Curriculum 2007, which includes a non-statutory framework for Personal, Social and Health Education (PSHE) and Citizenship at KS3 and 4, and also takes into account further guidance issued by QCA in 2007 and incorporates SEAL materials and Every Child Matters guidance (2004).

In addition we are preparing for the move to the statutory provision for personal wellbeing and also economic wellbeing. These are already in place but will be assessed at KS3 in 2012.

The curriculum for Citizenship (PSHE) has a single aim;

To develop a modern, world class curriculum that will inspire and challenge all learners and prepare them for the future.

This policy links closely with school policies on:

- Drugs Education
- Sex and Relationships Education
- Anti-bullying and cyberbullying
- Equal Opportunities
- Child Protection

CITIZENSHIP (PSHE)

Provision

Citizenship (PSHE) is taught through the form period which occurs once in the two week timetable. These lessons are led by form tutors using resources provided to them by the Citizenship (PSHE) department and by Learning Leaders. This is the only provision for years 7 and 8 and they follow an agreed programme which covers both personal wellbeing and economic wellbeing throughout the year.

In year 9, in addition to the form provision, students receive one period of Citizenship (PSHE) over the two week timetable delivered by Citizenship (PSHE) specialists.

In years 10 and 11, in addition to the form provision, students receive two periods of Citizenship (PSHE) over the two week timetable delivered by Citizenship (PSHE) specialists.

The lessons follow a scheme of work for both form groups and Citizenship (PSHE) groups as agreed by the Citizenship (PSHE) Coordinator, Learning Leaders and the Citizenship (PSHE) team. They also adhere to the new curriculum from QCA, the ECM agenda and offer SEAL opportunities. We are also working towards including the school TEEP initiative in the provision for all year groups.

What we are trying to achieve through our CITIZENSHIP (PSHE).

The curriculum content and provision is intended to provide Upton students with life skills which are transferable and that enable them to control their lives and make healthy, informed decisions. It is intended to make our students confident in their lives, self aware, resilient, resourceful and active. The Citizenship (PSHE) curriculum is also intended to help break barriers to learning by identifying strategies and learning opportunities whereby students can explore how to improve their performance at school.

We want our students to develop self-awareness, positive self-esteem and confidence, enabling them to stay as healthy as possible, keep themselves and others safe have, worthwhile and fulfilling relationships, respect the differences between people, develop independence and responsibility, play an active role as members of a democratic society, make the most of their own abilities and those of others, behave in a socially and morally acceptable way including towards authority and each other, to become involved in the life of their community, to know about democracy and how to be an active citizens, to know about and look after their own economic and financial wellbeing.

We want our students to value the achievements they make and the achievements of others, make informed choices about dealing with risks and meeting challenges now and in the future and decide on values by which they want to live their lives.

Our school curriculum and ethos promotes spiritual, moral, social and cultural development and awareness in order to prepare all pupils for the opportunities and responsibilities within their lives.

Citizenship

There is adherence to the concept of being a citizen of the school, of the community and of society throughout the Citizenship (PSHE) curriculum. In Year 9 we have introduced an Upton PSHE Award which focuses on Healthy Lifestyles and Personal Awareness, including diet, exercise, drugs awareness, smoking, alcohol, conflict resolution, peer pressure and debating effectively. Year 10 pupils complete the AQA GCSE short Course Preparation for Working Life which provides a number of Citizenship opportunities which will be delivered through Citizenship (PSHE) lessons. Year 10 students also study a discrete Citizenship course as part of the Upton High School Citizenship Award which includes homophobia, racism, sexism, healthy body image and focused sex and relationships education, media influences and a range of social issues including; poverty, mental illness, free speech and addiction. Year 10 pupils also undertake an enterprise task to compliment the work experience and PWL provision. In Year 11 students complete the Upton Citizenship Award by examining issues such as democracy and voting, human rights, conflict and war, globalisation, protest and pressure groups, the law and crime and money management and consumer rights. Students will also take part in an advocacy presentation to year 7 students where they act on behalf of a local societal issue to raise awareness.

How we deliver

In year 7 and 11 Form based Citizenship lessons we deliver activity based lessons where students can explore a variety of issues in confidence and safety, these are themed for each term to be relevant to that year groups needs and concerns, for example in year 7 students look at issues under the headings 'Joining Upton', 'Taking Part' and a 'Citizenship Challenge'; in year 10 students look at issues under the headings 'World of Work', 'Achieving Success' and 'Social Relationships at Work'.

In timetabled Citizenship lessons; the year 9 students follow a planned course which is aimed at meeting their needs, development and wellbeing which is rewarded by a certificate in PSHE. In year 10 students will achieve accreditation and certification for GCSE Short Course in Preparation for Working Life, they also follow the first part of the Upton Citizenship Award which is formally assessed each term and is in line with initiatives from QCA. In Year 11 they will complete the Upton Citizenship Award. In addition students will follow courses dealing with relevant issues for their age range in line with the personal wellbeing and economic wellbeing initiatives from QCA.

Who delivers the curriculum?

The curriculum is delivered to all students by their form tutors throughout their school life. In addition discrete Citizenship (PSHE) lessons are delivered by specialists for years 9, 10 and 11.

How is the curriculum timetabled?

The curriculum is timetabled for **one** form period each two week timetable for all years. Year 9 have one separate specialist Citizenship (PSHE) lesson over the fortnight and years 10 and 11 have two specialist lessons during the same period. The groups for years 9, 10 and 11 are based around the same groups as DT and ICT.

How do we assess?

In Citizenship (PSHE) lessons assess through the accreditation of Upton awards for PSHE and Citizenship using assessment criteria agreed within the department and verified by SLT line manager. This is communicated to the students through feedback and students should be aware of the levels they are at and how to improve. This requires the assessing of activities and tasks designed to show learning and through coursework and tasks which are aimed to show the level of competency and development each student has made. These assessments are centrally located on student profiles for each Citizenship group

In Form Periods assessment will be more informal as teachers delivering the curriculum are not specialists, however generic forms of assessment such as: Assessment for Learning - satisfying lesson objectives which are clear on all lesson plans; quality of written work produced, verbal assessment during discussions and activities such as developing strategies display learning when has taken place. The lessons are differentiated to include three levels of acceptable attainment from what 'all', 'most' and 'some' will achieve. In both KS3 and KS4 there are teacher assessments for all students in line with whole school policy and this is done by the departments' Citizenship teachers in years 9, 10 and 11 using national level descriptors. This is used on interim reports, yearly school reports and end of key stage data. Departmental monitoring is in line with whole school policy.

Personal Wellbeing

Citizenship (PSHE) lessons at both key stages and for all years deals with as many of the areas of personal wellbeing as possible. This is to ensure we aid young people to become successful learners who; enjoy, progress, achieve and become confident individuals who are able to live safe, healthy and fulfilling lives and become responsible citizens who make positive contributions to the school and society.

We have in place a programme of personal well-being for all year groups to enable students to make successful personal development and make considered choices for themselves, their families, their school and their communities. It is intended that this programme build a set of skills in students which gives them the confidence to make the most of their abilities and opportunities and improve their self esteem, behaviour and performance as well as contribute successfully to their school community.

Healthy School Status

The Personal Wellbeing curriculum, which our students take at Upton, is part of the general policy for maintaining a healthy lifestyle and therefore is part of our ongoing work to maintain Healthy School status.

Economic Wellbeing and Financial Capability

It is our intention that during the Citizenship (PSHE) curriculum students investigate: the careers opportunities available to them; the link to successful learning and their futures which education provides and also develop the skills to manage their finances skillfully. This will work in tandem with other experiences during their school life such as work related learning, work experience, writing records of achievement and applying for college and full time work post 16.

This part of the curriculum is not, as yet, statutory but it is firmly in place already as we see the development of these skills as being essential and part of our role as educators. It is vital that we develop in our students the ability to make informed choices about their employment and educational futures, develop as questioning and informed consumers to learn to manage their money and finances effectively.

We also intend to challenge the students to experience new areas through activities, expand their horizons by challenging prejudice and any tendency toward discrimination. We will also encourage students to take a realistic and active look at their capabilities to ensure they choose the right options, thus ensuring they make effective learners.

This programme will benefit individuals, their families, school, local community and society as a whole as our students hopefully become productive, prosperous, adaptive and skillful citizens.

Careers, guidance and Work-Related Learning

Careers guidance is performed informally during Citizenship (PSHE) lessons; where active and independent investigation by students into career opportunities is actively encouraged, possibilities discussed, routes to success identified and where to look for resources, professional guidance and help.

In addition, students follow the Preparation for Working Life GCSE short course in year 11, which details all of the parts of the curriculum in this area.

All students at Upton have careers advice from the schools careers advisor and are encouraged to investigate career options through interviews and opportunities within the curriculum, whether it be in form based citizenship lesson or in timetabled citizenship lessons.

U-Explore is also used to provide further guidance. This is an interactive, on-line experience for students where they can learn about different careers and how to get into them. This is explained and offered to students who can then access this website in school and at home to provide flexible opportunities to think about their own future employment and education.

Cross Curricular Citizenship (PSHE)

Initiated for 2009-2010, an audit of the areas of the QCA curriculum for PSHEE for the whole school will be completed by departments, identifying which sections of the syllabus they cover within the teaching of their respective subject. The evidence for this will be in their schemes of work

Assessment for Learning (AfL) and PLTS

Through the production of lesson plans we try to use AfL activities and use an approved AfL lesson plan for ALL lessons. This has been amended to show the SEAL and PLTS opportunities in each lesson which is different for each lesson provided.

Social and Emotional Aspects of Learning (SEAL)

SEAL is a teaching programme which will help the children in their personal, social and emotional development. Teachers of Citizenship (PSHE) both in form time and in the specialist lessons will be encouraged to take the opportunity to develop SEAL where ever possible. Many aspects of the curriculum for personal well-being lend themselves to this area e.g. anti-bullying, self image, drugs awareness. In addition the activities students need to complete in order to achieve in the certificated courses demands emotional awareness in order to complete them successfully e.g. role plays.

Many of the lessons conducted in form periods contain opportunities for students to discuss their emotional understanding with their form tutor and develop strategies in dealing with their emotions and expressing how they feel.

SEAL will help children to develop self-awareness, motivation, social skills and managing their feelings. These skills will help our children to become better learners, get on better with other people and be responsible citizens. SEAL is delivered across the curriculum and not the exclusive preserve of the Citizenship (PSHE) teacher.

Every Child Matters Agenda

All schemes of work will identify which of the ECM agenda is being met for each lesson or unit. The entire Citizenship (PSHE) ethos is that of making sure that every child understands that they can enjoy and achieve, make positive contributions, achieve economic wellbeing, and make choices which keep them safe and healthy.