



Parent E-Bulletin – Spring Term Week Commencing 5th February 2024

Charity Week 2024

Our outstanding 6th Formers are delighted to provide a range of charity fundraising events over the next week. The schedule for which is below. Thank you already for the many contributions we have received whether this was through purchasing 'Charity Week Passes', raffle tickets, online donations or your generosity in providing raffle prizes. We know whatever money we raise will make a difference for our 3 chosen charities: ReverseRetts, Alzheimers UK and MS Society UK.

CHARITY WEEK EVENTS 2024	
MONDAY BREAK	<ul style="list-style-type: none"> Bake Sale for years 7 and 9 in their zones. 50p-£1 Just Dance in the Dance Studio. £1 Entry
MONDAY LUNCH	<ul style="list-style-type: none"> Table Tennis Tournament for year 7 and 8. 50p per play Bingo in the Hub. £1 Entry
TUESDAY BREAK	<ul style="list-style-type: none"> Bake Sale for years 8 and 10 in their zones. 50p-£1 Car Wash. £5
TUESDAY LUNCH	<ul style="list-style-type: none"> Dodgeball outside the hub. £1 to play Disco in the Dance Studio. £1 Entry
TUESDAY AFTERSCHOOL	<ul style="list-style-type: none"> Netball Tournament. £1 to watch
WEDNESDAY BREAK	<ul style="list-style-type: none"> Bake Sale for years 9 and 11 in their zone. 50p-£1
WEDNESDAY LUNCH	<ul style="list-style-type: none"> Teacher Karaoke in the Dance Studio. £1 to watch Table Tennis for years 8 and 9. 50p per play
WENESDAY AFTERSCHOOL	<ul style="list-style-type: none"> Teacher VS Sixthform football match. £1 to watch
THURSDAY BREAK	<ul style="list-style-type: none"> Bake Sale for years 7 and 10. 50p-£1 Just Dance in the Dance Studio. £1 Entry Crepe Sale in the Octagon. £1
THURSDAY LUNCH	<ul style="list-style-type: none"> Omission Concert in the Dance Studio £1 Entry Table Tennis for years 10 and 11. 50p per play
THURSDAY AFTERSCHOOL	<ul style="list-style-type: none"> Football match for years 7 and 8 4g football pitches. £1 to watch.
FRIDAY BREAK	<ul style="list-style-type: none"> Sponge the teacher in the year 10 zone. £3 bucket, £1 Sponge Bake Sale for years 8 and 11. 50p-£1
FIRDAY LUNCH	<ul style="list-style-type: none"> Staff Panto in the Drama Studio. £1 to watch
FRIDAY ALL DAY	<ul style="list-style-type: none"> Non uniform day for lower school. £1 Sixthform 'Costume Day'. £1
ON EVERY BREAK	<ul style="list-style-type: none"> Raffle Tickets on Sale in the Hub. £2 Book and Clothing Sale in the Hub.



Each event during the week will take cash but you are able to purchase passes on Scopay, as well as raffle tickets, up until Friday 9th February at 8am, and we are accepting donations up until Friday 16th February.

We hope all our learners have fun during the week and in the process we are able to raise a nice sum of money for each of the charities. We, again, thank you for your continued support and contributions to the week.

As a reminder, if you are able to donate any cakes, raffle prizes, or prom style dresses and suits we would be very grateful for them over the next week.

Listed below is just some of what could be win if you're the lucky person in our raffle::

- Chester Racecourse tickets x2
- Weston Grove Fish and Chip shop voucher (£20)
- Kell & Co £55 Cut & Style voucher
- Flip Out Chester tickets x 2
- Nails by Neve
- Picturehouse
- Chip'd 4 x chip cones
- Sweets
- VIP Tickets to Oliver
- Morrison's Hamper
- Kellogg's Hamper

Kind Regards,

Mr Lewis
Assistant Headteacher, Director of Key Stage 5

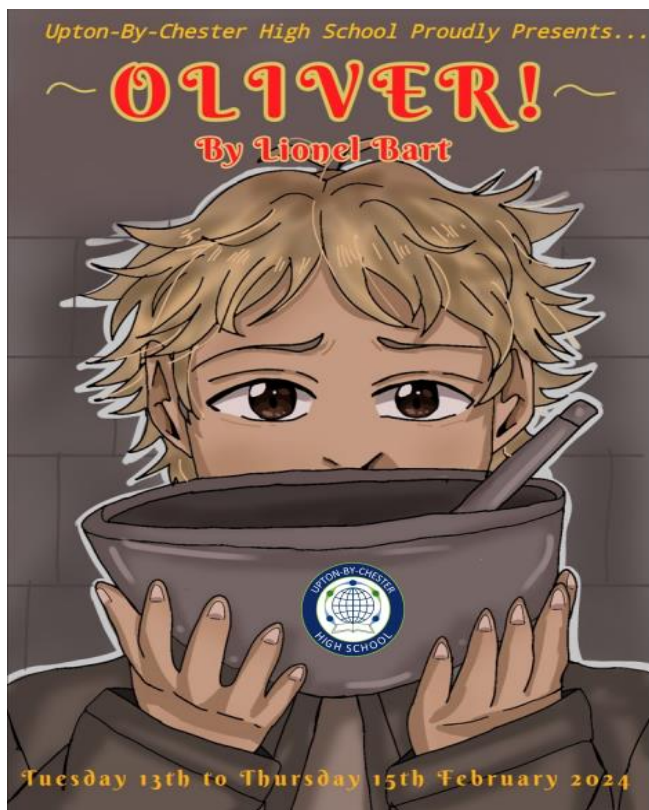
[Engage@upton updates](#)

Please note the following changes to after school clubs between now and half term:

All clubs are cancelled on Monday 5th February due to staff training

Football club is cancelled on Tuesday 6th February due to charity week event

[School Production – Oliver!](#)



There is just over 1 week to go until the opening night of our school production, there are still some tickets left which can be purchased via Scopay. We would love to welcome you to watch our fantastic learners.

Careers and Next Steps

Click on the link below to see the latest information

https://docs.google.com/document/d/1ab57VM41x7_yzr0Q19PUj0r4KoWn--X2iSfZR7KI_yc/edit?usp=sharing

Information from External Partners

Shared via Public Health

Dear Parents and Carers,

MMR and Measles

The UK Health Security Agency (UKHSA) has reported an increase in measles across the country with a recent outbreak in the West Midlands region of England. Measles spreads very easily among those who are unvaccinated, especially in nurseries and schools, and can be a very unpleasant illness. In some children, measles can be very serious and lead to hospitalisation – and in rare cases tragically can cause death.

The free MMR vaccine is a safe and effective way of protecting against measles, as well as mumps and rubella, and help stop outbreaks in the community. We are calling on all parents and guardians to make sure that they and their children have had two doses of the MMR vaccine.

It's important for parents to take up the offer of MMR vaccination for their children when offered at 1 year of age and as a pre-school booster at three years, four months of age. If children and young adults have missed these vaccinations in the past, it's important to take up the vaccine now from GPs, particularly in light of the recent cases.

Check your child's Red Book to see if they've received MMR vaccinations as scheduled or check with your GP surgery if you're unsure. Most healthy adults will have developed some immunity to measles but can still receive two doses of the vaccine from their GP too.

Anyone with symptoms is also being advised to stay at home and phone their GP or NHS 111 for advice.

Measles symptoms to be aware of include:

- high fever
- sore, red, watery eyes
- coughing
- aching and feeling generally unwell
- a blotchy red brown rash, which usually appears after the initial symptoms.

For more information about measles, see the nhs.uk website [here](#).

To find out more about childhood vaccinations, please visit the NHS website:

<https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/>

[What do I need to know about the MMR vaccine? - UK Health Security Agency \(blog.gov.uk\)](#)

Thank you once again for your continued co-operation.

Yours sincerely



Helen Bromley
Director of Public Health

Shared Via The Queens School



THE QUEEN'S SCHOOL

Tickets available online
£3 each or 2 for £5

Dresses for all budgets, pre-loved and new

A charity fashion show for everything prom!

RE - PROM

Friday 1st March 2024
6:30 @ The Queen's School

Supporting: Evie's Gift

The poster features a central graphic of a recycling symbol with the words 'RE - PROM' in large, bold, pink letters. The background is pink with white stars and a large speech bubble shape. The text is arranged around the central graphic, providing details about ticket prices, dress options, and the charity partner.

Shared via The Heath Youth Club

The Heath Youth Club Trustees would like to expand the board and are looking for people, ideally living locally and invested in Upton.

We actively support our young people and we want to increase the Trustee skill base and therefore the effectiveness of the club. We welcome interest from all ages but we are particularly eager for at least one representative from 18 - 25 age group.

Skills/interests which will be useful to support the current trustees are:

Marketing
Fundraising
Social Media
Finance
Employment/recruitment

You will need to undertake an enhanced DBS check and safeguarding training. You should also:

Be passionate about wanting to help young people in the community flourish.

You will attend monthly Trustee meetings (usually held in an evening) and be willing to be an active member.

Be willing to volunteer in the club during the year, so you know what happens and you understand the needs of young people

I have attached a brief summary of expectations from the Charities Commission:

1. Be clear that what your charity does supports its purposes and benefits the public
2. Act in the best interests of The Heath Youth Club
3. Check that decisions made in the name of The Heath Youth Club are within its rules
4. Work with Trustees to ensure the charity's funds, people and reputation are used sensibly and are protected from undue risk
5. Be willing to attend Trustee meetings – ensure you have the information you need, in the format you need, and have read papers prior to each meeting.
6. Work with other Trustees to ensure The Heath Youth Club accounts and reports are returned to the Charity Commission on time and using the criteria set by the Charity Commission.

If you are interested, please contact the Trustees at theheathyouthclub@gmail.com

Shared Via Chester FC

Chester FC Women is pleased to offer your school's families the opportunity to access free tickets for our next two matches.

The team are playing Northwich Vixens on Sunday 4th February and Preston North End on Sunday 11th February, with both games kicking off at 2pm at the Leap 76 Stadium, Bumpers Lane, Chester CH1 4LT.

This offer allows free admission for children and parents/guardians to one or both of these games. To take advantage of the offer, parents/guardians just need to register at the below link:

<https://form.jotform.com/240283026221342>

This season the club entered an exciting new chapter when it was announced Chester FC Women would be playing at the Leap76 Stadium, further raising the profile of women's football in Chester. The women's and girls' programme now includes almost 200 players across the first team, development squad and Under 18s team, an FA Emerging Talent Centre for U10s-U14s, a Girls Development Centre for ages 8-16 and Wildcats sessions for ages 5-11.

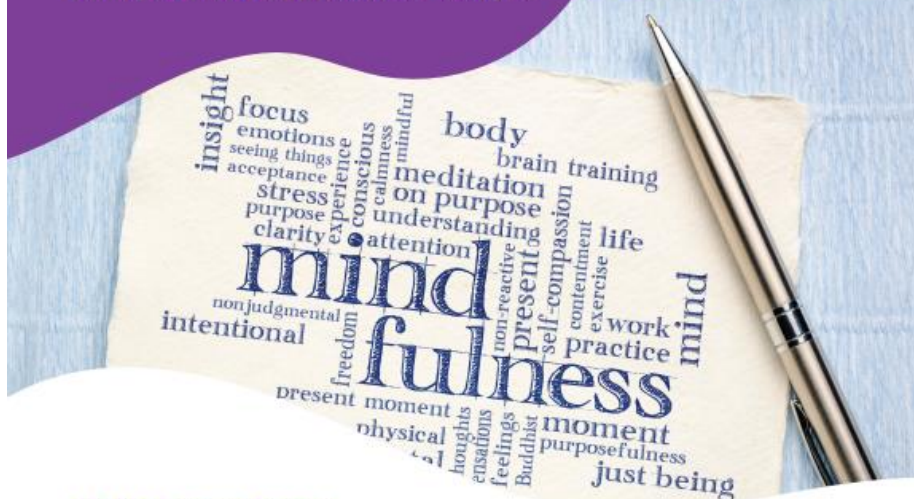
Cheshire West & Chester Council

Art and Mindfulness Workshop

To book your place please call/text
07775 717122

At: The Hughes Centre,
Dale Barracks CH2 4BD

Friday 22nd March: 10.00am - 2.30pm



Unlock your inner artist effortlessly!

Dive into a delightful course designed to help you explore fresh avenues for relaxation and rejuvenation, all while embracing your creative side. Gain practical ideas to carry with you and seamlessly integrate into your daily life. No art skills necessary!

