



## Parent E-Bulletin – Spring Term Week Commencing 11<sup>th</sup> March 2024

### National Careers Week 2024

This week we have seen a variety of careers events take place to celebrate National Careers Week 2024. Our learners have interacted through assemblies, visits, and the curriculum during lesson time, as well as shared opportunities for careers at home.

We have had careers talks from the Police, Chester Zoo, Oliver & Co Solicitors, Lloyds Bank, Marine Biologists, and Forensic Scientists. Our learners have visited Bentley Motors, Chester Zoo, and the Storyhouse Theatre.





## [Engage@Upton](#)

Please note there will be no Football Club on Tuesday 12<sup>th</sup> March as the 3G pitch is in use for sports fixtures.

## [School Canteen](#)

The school caterers, Aspens, provide a variety of options to cater for all our learners. Details of the current menu on offer and Meal Deals available can be found [here](#)

**Meal Deals** represent a particularly good value-for-money lunch option for learners at **£2.70**. This is a very cost-effective way for learners to get a good amount of nourishment, rather than purchasing items separately which would be more expensive.

You can add credit to your child's account via the school's online payment system [Scopay](#). If you do not have an online payment account, please email [finance@uptonhigh.co.uk](mailto:finance@uptonhigh.co.uk) to request one.

## [Free School meals](#)

Learners in receipt of Free School Meals (FSM) are allocated a daily allowance of **£2.70**, which is aligned with the cost of a Meal Deal. The allowance is applied to their account at the start of each day for the child to spend as they see fit, although it is intended for lunchtime provision. You may wish to consider providing extra food or additional funds to your child's account if they wish to eat something at Break as well.

Please be aware that any unused credit is not carried over and does not accumulate. Any purchases that take a child's spending over the daily allowance will be charged to their account, leaving them in deficit. In such instances, parents/carers will be required to top-up their child's account with funds to clear the debt and allow for future purchases.

## **Cashless Catering Balances**

Please ensure that your child's catering balance is kept in sufficient credit that they are able to make their desired purchases. If for any reason a child does not have sufficient credit on a given day, they should seek out a member of school staff in the canteen to request support in that instance.

Whilst we exercise a degree of understanding and support, a report is run each Wednesday highlighting any learners whose accounts have fallen into deficit and a communication will be sent to the relevant parents/carers requesting that any negative balances are settled as a matter of urgency.

**Please discuss your child's spending habits and choices with them so that they are aware of their options and are getting the most from their credit or FSM entitlement.**

## **Lost Property**

Unfortunately, we regularly receive items of equipment and clothing that have been lost or left behind by learners. If your child has misplaced any items, please instruct them to inform a member of staff at Student Reception at the earliest possible opportunity.

We always do our best to reunite any lost items with their owners but it is not always easy to identify who they belong to. **We strongly advise that all uniform, PE kits and coats are labelled with your child's name in them**, so we can identify any property and send a message for your child to collect them from Student Reception.

Lost property is held securely at Student Reception for 6 weeks. Any items that remain unclaimed after this period of time are donated to a local charity.

## **Careers and Next Steps**

Click on the link below to see the latest information

[https://docs.google.com/document/d/1ab57VM41x7\\_yzr0Q19PUj0r4KoWn--X2iSfZR7Kl\\_yc/edit?usp=sharing](https://docs.google.com/document/d/1ab57VM41x7_yzr0Q19PUj0r4KoWn--X2iSfZR7Kl_yc/edit?usp=sharing)

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## **Information Shared via External Partners**

Enjoy Water **Safely**



## RLSS UK National Pool Lifeguard Qualification

The Royal Life Saving Society's NPLQ is the most awarded lifeguard qualification in the UK and is also internationally recognised. The NPLQ is a 6 day course run over two weekends.

Friday 5th April 4:00pm - 9:00pm  
Saturday 6th April 09:00 - 5:00pm  
Sunday 7th April 09:00 - 5:00pm

Friday 12th April 4:00pm - 9:00pm  
Saturday 13th April 09:00 - 5:00pm  
Sunday 14th April 09:00 - 5:00pm

Venue: Chester City Baths  
Cost: £280

### Interested?

To book your place email Jackie Hickey  
[chester.swimming.association@hotmail.com](mailto:chester.swimming.association@hotmail.com)

[www.rlss.org.uk](http://www.rlss.org.uk)

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