



Parent E-Bulletin – Spring Term Week Commencing 25th March 2024

Learners who are in receipt of Free School Meals

We are in the process of arranging for parents / carers of all FSM learners to receive a £20 Tesco gift card, financed through Cheshire West & Chester Council's Household Support Fund, to assist with purchasing food for your child(ren) over the Easter Holiday period. We will be issuing one gift card for every FSM learner on roll in our school. These gift cards will be emailed to you direct by Tesco at around 8.00 a.m. on Monday Tuesday 25th March. If you cannot see the email in your Inbox please double-check your Junk Email and Clutter folders, just in case it has gone into one of them in error.

If you do not receive a gift card you were expecting please email finance@uptonhigh.co.uk and we will investigate and resolve the matter for you.

Stay Safe Bulletin

Please use the link below to access the latest Stay Safe Bulletin which this month focuses on Online Safety:

[Stay Safe Bulletin - March 2024](#)

Kind regards,
Mr J Keegan
Assistant Headteacher – Director of Safeguarding and Wellbeing

Careers and Next Steps

Click on the link below to see the latest information

https://docs.google.com/document/d/1ab57VM41x7_yzr0Q19PUj0r4KoWn--X2iSfZR7KI_yc/edit?usp=sharing

Information Shared via External Partners



SEND HEALTH AND WELLBEING EASTER ACTIVITY CAMPS

At Queens Park, Queen's Park Rd, Handbridge, Chester CH4 7AE



Activities Included:

Multi sports - Football, Basketball, Yoga, Boxing, Archery, Dodgeball, Dance, Gymnastics

Learning - Nutrition, Sleep, Mental Health and Resilience workshops

Creativity - Lego, Art, Crafts, Jig Saw challenges, Board Games, Chill Zones

FUNDED AND NON FUNDED PACES AVAILABLE

SUITABLE FOR 4 - 14 YEAR OLDS

EXCLUSIVELY FOR SEND CHILDREN ONLY

THURSDAY 11TH & FRIDAY 12TH APRIL

9AM START
1PM FINISH

FOR BOOKING AND FURTHER INFO VISIT - <https://seanbaileywellness.com/community-camps-chester/>



Social Care, Day Services and Volunteering Webinar

Dear Parents and Carers,

Come along to our free information Social Care, Day Services & Volunteering Webinar for parents and carers who have a young person with a special educational need and or disability.

Please find information and joining details below:

Parents/Carers & Young People Information Webinars - Progression to Employment

Cheshire West and Chester Council in partnership with our Special Educational Needs and Disability (SEND) Schools presents:

A Programme of Webinars for Parents/Carers & Young People to Support Progression to Further Learning & Employment

Title of Webinar: Social Care, Day Services & Volunteering



Date: Wednesday 27th March 2024

Summary of Content: Find out how to access support to help all young people with disabilities fulfil their potential and lead as independent life as possible. This webinar will look at care and support options including housing, day care, finance, volunteering, etc..

Speaker(s): Kath Hingston - Transition Team Manager (Social Care) and Denise Garner - Service Manager Vivo LD Day Services

Provider: Cheshire West and Chester Council and Vivo Care

Time: 4-5pm

To Join: [Click here to join the meeting](#)

To view our full programme visit - [Parents/Carers & Young People Information Webinars - Progression to Employment | Live Well Cheshire West \(cheshirewestandchester.gov.uk\)](#)

Dear Parents and Carers,

Please find attached link, QR code and PDF of the latest Parent Carer Forum Newsletter

<https://mailchi.mp/e296bd62cc81/pcf-news-and-events-march-2024-16933348>

Many thanks

Emma

Emma Walker

Live Well Co-ordinator (Children's)

Early Help and Prevention

Cheshire West and Chester Council

British Cycling Female Endurance Talent Identification

Dear Parent/Guardian

I am getting in touch to make you aware of a Female Talent Identification Programme for Cycling we are running this year. Which hopes to identify the cycling potential of talented young people from across England, with those successful going on to join British Cycling's Talent Development and Performance Pathways. Please find more details of this opportunity below and how to get involved.

This could be the start of a journey that could lead to potentially going to the Olympic games and following in the footsteps of British Olympic medalists Dame Laura Kenny, Katie Archibald, Elinor Barker and Neah Evans.

If your child would like to get involved in this Talent ID Program and the sport of cycling. Then please complete the below application form which can be opened by scanning the QR code below with your mobile phone camera. Applications will close on **Friday 26th April 2024.**

Following completing an application your child could be invited to one of our 3 testing days taking place across England throughout May. Each testing day will typically broken down into 3 parts; a workshop delivered by coaches from the Great Britain Cycling Team explaining the cycling pathway and the exiting journey riders could go on, a number of physical test using Wattbikes and off the bike tests for a chance to show us what you can do!

- Manchester – Sunday 19th May 2024
- London – Sunday 26th May 2024
- Nottingham – Monday 27th May 2024

You must be born in the years 2009, 2010 and 2011 to apply and be eligible for a British passport, but no prior racing experience is required – just the ability to ride a bike!



Or follow this link: <https://forms.office.com/e/kaxWvEEQk1>

Instagram – @British_Cycling_Talent_Dev

Thanks

Tiffany Fletcher

British Cycling Talent Development Coach – Female Lead

Email: tiffanyfletcher@britishcycling.org.uk

Mobile: 07384 214096

JOIN OUR TEAM!



NW PANTHERS

NETBALL

U12 Spaces Available

BLACON HIGH SCHOOL
Friday 5.30PM -7PM

- No waiting list - FREE tester session.
- Friendly/welcoming community
- S&C provided
- Masterclasses by our Technical Coach
- Netball Trips/Events
- Regular Friendly games organised

Contact details:

✉ info@nwpanthersnetball.com

📷 @nwpanthersnc

f NW Panthers Netball Club