



Parent E-Bulletin – Summer Term Week Commencing 10th June 2024

Engage@upton

Please use the link below to access the timetable of after school activities for this half term:

<https://docs.google.com/presentation/d/1QmxvNb0uBxemSfIKnl9RfA3UxFd5l4NJ/edit#slide=id.p1>

Kind regards,

Miss S Downs
Engage@upton Coordinator

Summer Water Safety

Summer water safety

Accidents are mostly preventable with the correct knowledge and judgment and here are our tips to staying safe in the water during the summer:

To enjoy the water safely and make the right call...

- **Enter slowly and carefully**
Think carefully about your ability to splash or swim in cold outdoor water. 49% of those who lost their life were classified as swimmers*. Are you really a good swimmer?
- **Stay within reach**
Don't go too far and stay within a standing depth.
- **Always be supervised**
Over 70% of fatal accidents occur in the absence of professional supervision. Seek life guarded areas and always make sure some one is available to raise the alarm.

Summer is an amazing time to enjoy our beautiful waterways but we must be mindful that warmer weather is directly linked to an increase in fatal drowning incidents.

Rivers and Lakes/Lochs pose the greatest statistical risk as there are often hazards that the average person is equipped to handle and there is a lack of professional supervision.

In an emergency...

- **Call 999**
Ask for the Fire and Rescue Service when inland and the Coastguard if at the coast. Don't enter the water to rescue.
- **If you're in trouble FLOAT and call for help**
Fall in or become tired – stay calm, float on your back and call for help. Throw something that floats to somebody that has fallen in.



Careers and Next Steps



CAREERS BREAKFAST TALK BEING A VET



Dr Dragan Antic

Dragan trained as a Vet and can tell you how to become one, and what the job involves. He is currently a Senior Lecturer at Liverpool University specialising in Microbiology and Food Safety.

**Breakfast
provided**

Wednesday 17th July
8.20AM – 8.45AM

TO JOIN THIS TALK, SIGN UP AT THE
HUB

Click on the link below to see the latest information

https://docs.google.com/document/d/1ab57VM41x7_yzr0Q19PUj0r4KoWn--X2iSfZR7KI_yc/edit?usp=sharing

Information Shared via External Partners



Save the Date - Sunday 16th June 2024

To get some idea of what we did last year, you might like to watch our video on YouTube at -
<https://youtu.be/4BZazCQVvWM>

KLA/LCU